

AGENDA

March 2023



Pays du
St-Bernard
www.saint-bernard.ch

RECURRING EVENTS

- Night opening of the Petite Combe in La Fouly, *Wednesdays and Saturdays from 26.12 to 10.04 from 7 pm to 9 pm.*
- Night opening of La Brea Restaurant, *open every thursday night until 9 pm from 26.12 to 06.04.*
- Night opening of the Revers in Champex-Lac, *Saturdays from 26.12 to 10.04 from 7 pm to 9 pm.*

CALENDAR BY DATES

Wednesday 1st March

- **Pirate treasure hunt and craft workshop**
*Join us for a pirate-themed treasure hunt in Champex-Lac!
From 6 years old
From 2 pm to 4 pm with an animator for children
Price: CHF 5.- per child, free with the PASS St-Bernard
Registration: champexlac@saint-bernard.ch or
+41 (0)27 775 23 83
If conditions are favorable, it will be replaced by the ice disco on the lake at 6 pm.*
- **Torchlight descent**
*Torchlight descent with the Ski School of La Fouly.
Meeting point at 6:15 pm at the bottom of the Petite Combe in La Fouly. Hot tea offered.*

Thursday 2nd March

- **Around the world and discovery workshop**
*Come and learn and have fun with instruments from different countries in Champex-Lac!
From 6 years old
From 2 pm to 4 pm with an animator for children
Price: CHF 5.- per child, free with the PASS St-Bernard
Registration: champexlac@saint-bernard.ch or
+41 (0)27 775 23 83*

Friday 3rd March

- **Disco and karaoke workshop**
*A crazy afternoon: disco, karaoke, face painting and balloons! Come to dance and sing for the last workshop of the Champex-Lac season.
From 6 years old
From 2 pm to 4 pm with an animator for children
Price: CHF 5.- per child, free with the PASS St-Bernard
Registration: champexlac@saint-bernard.ch or
+41 (0)27 775 23 83*
- **Discover the forests of La Fouly**
*After a short hike in the company of a mountain guide, we will make a fire to roast marshmallows and enjoy a hot chocolate!
Schedule : from 2.45 pm to 5 pm
Price : CHF 10.- per child (from 6 years old)
Registration at the tourist office : +41 (0)27 775 23 84 or
lafouly@saint-bernard.ch*
- **Guided tour of the artillery fort**
*Meeting point at 5 pm at the artillery fort of Champex-Lac.
Registration at the tourist office of Champex-Lac.*

- **Night time slalom on the Revers piste**
*Free for everybody
Information and registration at the Swiss Ski School of Champex-Lac : +41 (0)27 783 48 18*
- **Walk in the moonlight accompanied by a guide**
*In La Fouly
Between 2 and 3 hours of climbing according to the level then fondue or raclette in a mountain pasture.
Registration deadline: 01.03.23
Price: CHF 90.-
Information and reservations: +41 (0)79 218 95 82 /
ericberclaz@bluewin.ch*

Saturday 4th mars

- **Animations on the tracks of Vichères**
*Come and try this new activity! Take off with your skis or sit in your buoy and test the landing on the Airbag.
Aperitif offered from 11am to 12pm at bar des neiges.
Musical entertainment with the Glouglougen.
More info: www.vicheres.ch*
- **Champexperience**
*Come and live a unique experience for a weekend in Champex-lac.
From 11am, welcome at the hotel du Glacier
1pm: welcome drink at La Brea
From 2pm onwards, free afternoon (skiing, sledging, skating, hiking) with the daily PASS St-Bernard
From 5pm : after ski at the Cabanon
8pm : Meal at the Glacier followed by an afterparty at the Broc'N Pub
From 10am the next day : brunch on the terrace of the Glacier hotel.*
- **Introduction to self-hypnosis workshop**
*Meeting point at 8:45 am in Sembrancher
Duration about 1h30
Price : CHF 30.-
Registration : estas@netplus.ch / +41 (0)79 460 01 24
More info: www.estas.ch*
- **Night hike with snowshoes and fondue**
*For one evening, live a magical experience in the middle of nature with a mountain guide!
Meeting point: 5.30 pm at the Champex-Lac chairlift, return at 9 pm.
Price : CHF 59.-, fondue included
Easy technical level, walking time 1.30 hours
Information and registration: www.ventdeface.ch / +41 (0)78 885 79 65*

SUBJECT TO CHANGE WITHOUT NOTICE

MORE INFO: WWW.SAINT-BERNARD.CH OR +41 (0)27 775 23 81

- **Night walk with the yaks**
Conference and fondue under a yurt in La Fouly.
Conference/film by Jean Troillet, famous mountaineer.
Meeting point at 6pm at the parking lot at the entrance to La Fouly
Price: CHF 90.- per person, CHF 45.- for young people up to 16 years old
Registration 2 days in advance at the latest: www.lafouly.ch

Friday 10th March

- **Guided tour of the artillery fort**
Meeting point at 5 pm at the artillery fort of Champex-Lac.
Registration at the tourist office of Champex-Lac.

Saturday 11th March

- **Concert of the fanfare Echo d'Orny**
Concert at the multipurpose hall of La Proz in Orsières.
More info: www.echodorny.ch

Sunday 12th March

- **Erika Hess Open in La Fouly**
Popular race open to all, to children from 3 years old!
More info: www.erikahessopen.org

Thursday 16th March

- **FIS Slalom race in Champex-Lac**
Slalom FIS and Swiss Championship U18/U21 on the Petite Breya slope. Organized by the Ski-Club Champex-Ferret.
7am : Opening of the Petite Breya
8:30 am: Track recognition
9h30 am: 1st run
12h30 pm : 2nd run
From 2pm : Prize giving
Canteen with hot meal for the runners and the staff at the bottom of the track.

Friday 17th March

- **FIS Slalom race in Champex-Lac**
Slalom FIS and Swiss Championship U18/U21 on the Petite Breya slope. Organized by the Ski-Club Champex-Ferret.
7am : Opening of the Petite Breya
8:30 am: Track recognition
9h30 am: 1st run
12h30 pm : 2nd run
From 2pm : Prize giving
Canteen with hot meal for the runners and the staff at the bottom of the track.
- **Cocciconte**
For 18 months to 5 years old, by the Orsières library.
Cocciconte at the Aula de la Proz in Orsières.
More info: +41(0)27 782 62 85

Saturday 18th March

- **Feldenkrais and self-hypnosis workshop**
Meeting point from 9am to 12pm in Sembrancher.
Price: CHF 60.-
Registration: estas@netplus.ch, +41 (0)79 460 01 24 or johannastalder@gmail.com, +41 (0)76 708 7907
- **Concert of the Union Instrumentale of Liddes**
Concert at 8 pm at the multipurpose hall of Liddes.
Director : Cédric Jacquemettaz

Friday 24th March

- **Opening night of the Swiss Ski Championships in Orsières**
More info: www.vsb2023.ch

Saturday 25th March

- **Concert of the fanfare Edelweiss of Orsières**
Annual concert at the multipurpose hall in Orsières.
More info: www.edelweiss-orsieres.ch
- **Banal oven of Soulalex**
Baking bread in its most traditional method in our region!
More info: +41(0)79 508 20 55 or vaudaje@netplus.ch